



*Chi Mangia Bene,  
Mangia Italiano!*

*Those Who Eat Well,  
Eat Italian!*

# LUNCH EXPRESS MENU

## MARCH

### \$12.95\*

*(served at the Bar and patio only)*

**Insalata Mista**  
seasonal mixed organic salad  
with a light vinaigrette dressing

*- Choice of -*

**Insalata Cesare**  
fresh romaine lettuce tossed in  
Caesar dressing, topped  
with parmesan slivers

**Pappa al Pomodoro**  
a delicious Tuscan soup of tomato  
simmered with garlic, olive oil,  
black pepper and diced bread

**Minestrone di Verdura**  
A delicious soup of  
zucchini, potato,  
peas and Toscanelli beans  
simmered with tomato

**Pasta Fagioli**  
a typical Veneto soup of simmered  
cannellini beans, garlic, tomato,  
chicken stock and tubetti pasta



*- Choice of -*

**Spaghetti Integrale con Salsa di Pignoli**  
whole wheat spaghetti tossed with sauteed spinach, garlic, pinenuts,  
extra virgin olive oil and ricotta and pecorino cheeses

**Penne ai Primavera**  
penne pasta tossed with sauteed Italian sausage, artichoke heart, basil,  
cherry and sun-dried tomatoes and a touch of parmigiana cheese

**Pollo con Marsala e Mascarpone**  
young breast of chicken sauteed with garlic, Marsala wine, mascarpone cheese  
and a touch of mustard, served with polenta fries and vegetable

**Melanzane Parmigiana**  
Italian eggplant lightly battered and fried, topped and baked with  
mozzarella and tomato sauce, served over Linguine Aglio Olio

**Grigliata di Verdura**  
marinated and grilled zucchini served on a bed of  
Mesclun lettuce with a touch of balsamic vinegar and goat cheese

**Il Panino di Tonno**  
fresh tuna salad served open face on Italian bread with provolone cheese,  
fresh tomato and lettuce, served with fries

**Pizza Rustico**  
hand-tossed rustic pizza topped and baked in our stone oven  
with roasted pepper, mozzarella and Italian sausage

*\*Not including tax and gratuity*

[www.TuscanaWest.net](http://www.TuscanaWest.net)